

# East Riding of Yorkshire Improvement and Learning Service

## Continuing Professional Development Event

### The Nurturing Programme

Outline of event:

This Family Links 2-day training course (you must attend both days) promotes a consistent approach to positive behaviour management and equips staff to work effectively with parents and children on a one-to-one basis or in settings such as children's centres.

Learning and Teaching Outcomes:

Nurturing Programme Features -

- The Nurturing Programme encourages an approach to relationships that gives children and parents an emotionally healthy springboard for their lives and their learning.
- Promotes emotional literacy and emotional health.
- Enhances self-esteem, self awareness and empathy.
- Develops communication and relationship skills.
- Provides effective strategies to encourage co-operative, responsible behaviour and manage challenging behaviour in children.

The Training Course Promotes -

- Personal and professional reflection.
- Knowledge of how to improve parents' self self-esteem, confidence and skills to encourage positive behaviour in children.
- Problem-solving approach to work with parents.
- Skills in one-to-one mentoring to develop trust and build relationships with parents.
- A partnership approach to work with parents.
- Consistency of practice amongst all professionals and also team and multi-agency work.

The Parenting Puzzle -

Each person attending the training course is given a copy of "The Parenting Puzzle" book. This book is an illustrating and easy-to-use guide presented in a friendly, informal way. It is a valuable tool for professionals supporting families in one-to-one work, and encourages parents and carers to enjoy bringing up children and get the best out of family life.

**Dates and Venues:**

**Duration:** this is a full day event

No Professional Standards specified

To book this item go to **[www.eridingcpd.net](http://www.eridingcpd.net)** ~ and search for item number 101